

YOUR FUTURE!
A WAY
FORWARD!



**SUCCESS
STRAIGHT
AHEAD!**

College Access!

Seventh Grade





FOREWORD

Dear Students:

We are living in an exciting age of change in technology, information exchange, and communications here in Palau and the region. We continue to see and experience changes in the way we work, the products we use, and the impact of technology in our daily lives. These changes have resulted in today's workforce needing increasingly advanced levels of knowledge. Thirty years ago it may have been possible to find a good paying job with only a high school education, but now it's important to have some education past high school that results in a certificate, degree, or industry credential. A solid educational foundation can be your key to a successful future. Workers with basic skills in reading, writing, and math along with skills to work in teams, make decisions, solve problems, analyze and interpret data, and effectively communicate are highly sought after by today's employers.

What are you going to do to prepare for this workplace? Figures vary from different islands or states but estimates are that some 75% of new jobs being created will require education and/or training beyond high school. Even existing jobs are being restructured and new jobs being created that rely on new technologies. With some postsecondary credential or college degree, you will have more jobs from which to choose.


Getting a college education requires a lot of time, effort and careful planning, but it provides knowledge and skills you will use for the rest of your life to help you succeed in whatever you undertake.

Make your educational experience a successful one. Entrance requirements for colleges have increased so it is important not only to earn a high school diploma but take challenging coursework that will ensure you are college ready. Be sure to explore not only universities but community colleges and technical centers. Entrance requirements may vary among all postsecondary institutions.

Learn about your interests and abilities. You can match your interests to occupations and begin to make some career and education decisions. Start planning early so that you will meet all the requirements for high school graduation and entry into college.

This guide will help you learn more about your interests for making decisions about high school and beyond. What direction will you take with your life to ensure you are moving forward toward your goals? Let college be one of your goals. Start planning now so that you will be college ready when you graduate from high school.

Masa-Aki N. Emesiochl, Minister
Palau Ministry of Education





YOUR FUTURE?

***Believe it or not, you have the* POWER!**

It is a reality that no one can make the choices but you!

Plan to use the POWER!

1. **P**lan now for what you want your life to be!
2. **O**pen all the doors you can for your life!
3. **W**ant more than you believe is possible!
4. **E**arn your way to a better future!
5. **R**esearch now so you can be what you want to be!

Pathway to the future..

Start where you are right now!

You are in the 7th grade so start planning for high school and beyond! During the 8th grade you have time to prepare!

PLANNING THE WAY FORWARD!

WHAT DO YOU WANT?



OK, you know what you want to future to be like in terms of living and possessions, but you do not know what you want to do as for an occupation!

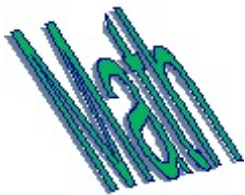
START WITH A PLAN FOR HIGH SCHOOL...

HIGH SCHOOL?

High school can be some of your greatest years for excitement and important decisions. You cannot avoid it so make it something that matters for your life!

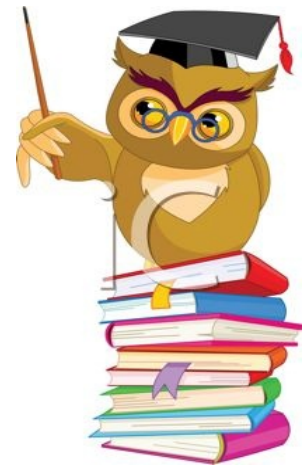
You have lots of *choices* as to what to you study and these *choices* are the first steps in your life plan! What to take in the 9th, 10th, 11th 12th and beyond?

Science



History

English



Plan now....

Here are some choices that can add to your life plan with a career!

English: law, journalism, public relations, teaching, writing

Mathematics: accounting, financial planning computers, aeronautics, insurance

Science & Health: medicine, pharmacology, meteorology, chemical engineer, medical research

Technical: manufacturing, construction, mechanics, electrical engineer, transportation technology



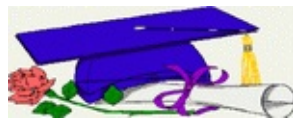
REMEMBER THE
POWER!

You may be the making
the plan, but know where
you are going...

Remember everyone in every job needs to be able to write and speak correctly, listen, understand what is written and spoken and to use math effectively!

KEEP THE OPTIONS OPEN BY YOUR CHOICES!

- ☐ Know what the required courses and the graduation requirements.
- ☐ Take one English or literature class every year of high school to strengthen your reading, writing and speaking skills.
- ☐ Mathematics courses prepare you for almost all careers and for life in general so taking several math courses like algebra and geometry will help prepare you for your **choices**.
- ☐ Science will prepare you for not only a career but to understand the technological world you live in.
- ☐ Health will prepare you to understand your own health issues and those of your family.
- ☐ Computers are more than just games and you will need to be intelligent about these as they will be changing your future.
- ☐ Elective courses are those that you may choose but keep in mind that a couple of years of a foreign language may be an option you do not want to miss out in taking.
- ☐ Technical education courses allow you to try out what skills apply to certain future careers so now will be your chance to see what you do like and *can* do.





WORDS TO KNOW....

The following terms are important to know when planning for high school!

- **Class Rank:** A rating which compares your cumulative (total increasing or decreasing) grade point average to other members of your class. Class rank is often used as a basis for college admission and scholarship determination.
- **Elective:** A course that is not required but which you may choose
- **Graduation Requirements:** Established by your local school
- **Prerequisite:** A course which must be taken before you enroll in another related course (Example: English 1 is a prerequisite for English 2.)
- **Required Elective:** A course you may select to meet a graduation requirement (Example: You may choose to enroll in College Prep English or Business English to meet an English requirement.)
- **Unit of Credit:** Given upon successful completion of a 36-week (2-semester) course, which meets at least 7,830 minutes a year. Half- and quarter-units of credit may be earned for courses meeting the right amount of fewer minutes.

OPTIONS....

To keep the options open, keep this in mind. The Council on Post-secondary (college) Education recommends the following pre-college curriculum:

Subject	Pre-College
Language Arts	4 credits: English I, II, III, IV
Mathematics	3 credits: Algebra I, Algebra II & Geometry
Science	3 credits: life science, physical science, and space/earth science with laboratory portions.
Social Studies	3 credits: U.S. History, World History, economics and government; with geography as required or elective
Health	½ credit
Physical Education	½ credit or sports or technical education work program
Foreign Language	2 credits or take a test to show passing ability in one other language
Visual and Performing Arts	1 credit
Electives	7 credits: should be in career pathway choices & home and family living

Choices in high school:



- ▶ Choose to sit in the front of the room!
- ▶ Choose to join in all class discussions!
- ▶ Choose to ask questions!
- ▶ Choose to do all you assignments on time!
- ▶ Choose to proofread, correct and rewrite everything!
- ▶ Choose to practice everything!
- ▶ Choose to ask for help!
- ▶ Choose to study!
- ▶ Choose good habits to succeed like getting a good night's rest!

Plan for success in high school by remembering *that it is more than good grades* and it all helps to learn life skills, time management, teamwork, scheduling one's time, and more.

The extracurricular (extra/not required) activities you **choose** will make a difference to colleges, future employers and your own life. However, join only those that are of interest to you and plan to be really involved - not just a member!

School Organizations	Volunteer Services
Academic Teams Honor Societies Student Council Class Officer Year Book Band Choir	Community Services Community Cleanup Day Donations of Food/Clothing Student Hospital Volunteer Church Activities Student Assistant at School
Sports	Clubs
Basketball Baseball Cheerleading Football Hockey Golf Gymnastics Soccer Tennis Swimming	Speech Drama Future Business Leaders Future Farmers Future Homemakers Future Teachers

Remember! You have others who can help with your **choices**:

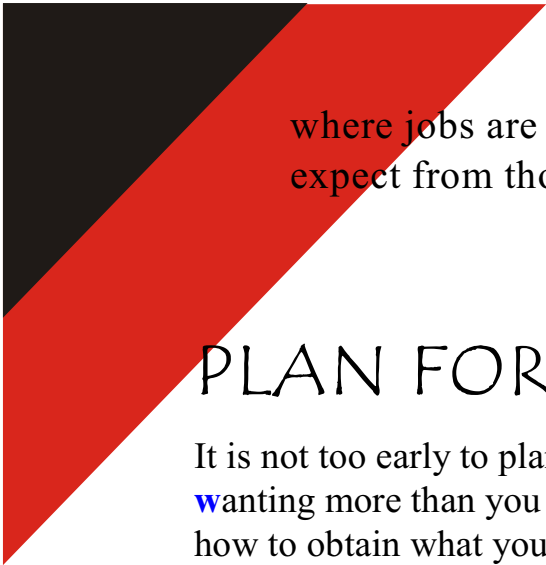
- ★ **Parents** can give advice and help with examples and know you well enough to guide your choices.
- ★ **Teachers** can give you ideas and reasons for some of your choices.
- ★ **Counselors** can offer you information about additional schooling and courses to add to your choices.
- ★ **Students** already in high school can offer some of their experiences to help with your choices.

YOUR plan for life is starting now and it is not too early to begin thinking about what your **long term future will be!**

✓ **Consider what your future career will be.**

- Learn what skills and abilities you already have.
- Learn about your own interests and learning styles.
- Learn what colleges and universities offer relating to careers you might be interested in.
- Learn as much as you can about different types of work.
- Learn what the requirements are for many different jobs.
- Learn about the job/career related activities offered at your high school.
- Learn about all career pathways and the occupations in each one.
- Learn about how people can pay for college and advanced training.
- Learn about occupational and job related skills for reaching your goal like completing applications for college and employment, writing resumes,





where jobs are located, who the employers are and what they expect from those they hire.

PLAN FOR COLLEGE ...

It is not too early to plan for college! Here is a way to add to the **power** by **w**anting more than you had thought about before and beginning to **r**esearch how to obtain what you want.

The following quiz will get you another step:

True or False:

1. _____ If no one in your family has gone to college, you can't go either.
2. _____ Only rich people can afford to go to college.
3. _____ Anything that is taught in college you can learn on the job.
4. _____ If you don't know what you want to study, you shouldn't go to college.
5. _____ If your grades aren't very good, you can't get into college.
6. _____ You don't need to go to college to get a good job.
7. _____ If you don't know how to apply to college, you can't go.

Answers:

1. False. Many students become the “first” in the family to complete college. Ask around, there are more than you think.
2. False. College can be expensive, but that doesn’t mean you can’t afford to go. There are ways to pay and you will get help with that every year through high school.
3. False. Most jobs require some on-the-job training. However, for many jobs, you must have a certain level of technical or analytical skill before being hired and that may require you to obtain more education after high school.
4. False. College is one place where you can continue to explore areas more fully during your freshman year and then decide what you really want to do.
5. False. Different colleges have different requirements for admitting students. They look at more than just grades and have programs and tutoring offered at different levels of classes.
6. True & False. If a “good job” means a job your really like, you don’t necessarily have to go to college—but you will have more career options available with a college degree. If a “good job” means a job that pays well, the more education you have the more money you earn.
7. False. If you don’t know how to apply to college, there are many opportunities and programs during high school to find help and your guidance counselor will help. Then, you will learn of many other places and options to learn once you decide to do the research.

PAYING FOR COLLEGE OPTIONS?

■ Student loans	■ Scholarships
■ Financial aide	■ Work-Study Options

Check out the Palau Ministry of Education’s website for more tips on reaching your goal: <http://www.palaumoe.net/cacg>

ADD TO THIS: Should I Go to College?

Now that you have had the opportunities to learn more about yourself, high school and careers you can now look further towards your life plan in college. This chart will help you start thinking about why you want to go to college

Write as many more answers in the table as you can think of and then discuss with your parents, counselor or favorite teacher. It will help.

<u>Reasons Why I Want to go to College</u>
<u>To learn</u>
<u>To find out about other cultures</u>
<u>Get a Degree</u>
<u>Get a Job</u>
<u>Get paid more</u>
<u>No parents</u>
<u>Buy a car</u>
<u>Buy what I want</u>
<u>So I can do what I want</u>
<u>Go to parties all of the time</u>
<u>Go out to Eat</u>
<u>Go to Clubs</u>
<u>Fun</u>
<u>Go to parties</u>
<u>Play football-go pro?</u>
<u>To be smart</u>
<u>To go to parties</u>
<u>To kill time</u>
<u>Maybe to learn</u>
<u>To pursue a job</u>
<u>To get time away from parents</u>



TIME IS NOW!



MAKE YOUR PLANS!

KEEP THIS NOTEBOOK AND KEEP PLANNING!

As you begin to make your [choices](#) and to learn about all you options, keep adding to the sections with information you want to keep or may want to review as you go along. Add pages of what you do and activities you get involved in and remember how important portfolios can be.

Share your ideas and information with your [family](#) and talk to you teachers and counselors!

Use the computer for searching and learning for your [life](#), but remember the [three R's are not reload, replay and rewind!](#)

[Take part in all the activities related to going to college offered at your school and your high school because you are keeping your options open!](#)





This Guide has been made available through a
COLLEGE ACCESS CHALLENGE GRANT
United States Department of Education



Masa-Aki N. Emesiochl, Minister
Palau Ministry of Education

P. O. Box 189

Koror, Palau 96940

Tel. (680) 488-1906

Fax. (680) 488-8465

Email: memesiochl@palaumoe.net

Email: emesiochl@gmail.com